

GoLyteLy, NuLyteLy, CoLyte Bowel Preparation
(Total dose is 4L)

****A prescription is necessary for this preparation****

At least two days prior to the examination:

Please read all instructions carefully. At your pharmacy purchase one container of GoLyteLy, NuLyteLy, or CoLyteLy with the prescription given to you by your physician

One day prior to the exam:

In the morning, prepare the solution according to the instructions for use later in the day. Refrigerating the preparation makes it easier to drink but is not required. You may have a **clear liquid breakfast**. Do not eat any solid food throughout the day.

Between **11:00am & 1:00pm** eat a clear liquid lunch.

Between **3:00pm & 5:00pm** eat a clear liquid dinner. Following dinner begin drinking the solution, 8 oz every 10-15 minutes.

Rapidly drinking a glassful is better than sipping an ounce or two at a time. A straw may be helpful to use when drinking the solution to get it down easier.

During the remainder of the evening please drink clear liquids, but do not eat any solid food.

Do not have anything to eat or drink the morning of the procedure.

Please drink all of the solution to ensure an adequate preparation. If you are unable to complete the preparation as indicated please call the Gastroenterology Fellow on call for additional recommendations. You may reach the GI Fellow at (617)638-8000.

NOTHING TO EAT OR DRINK AFTER MIDNIGHT THE NIGHT BEFORE THE PROCEDURE. EATING OR DRINKING MAY CAUSE YOUR PROCEDURE TO BE DELAYED OR RESCHEDULED.

We are available to answer all questions 24 hours/day. Please contact the GI Fellow on call with all questions or concerns at (617)638-8000. This will connect you to the operator and simply ask for "The GI Fellow on Call" to be paged.