

Appointment Date: _____

Appointment Time: _____ Arrive At: _____

Physician: _____

Esophageal Capsule Endoscopy: INSTRUCTIONS & INFORMATION

The Esophageal capsule (PillCam ESO) is specifically designed to view the inner lining of the esophagus within this 20 minute study. The capsule is equipped with miniature cameras on both ends, is about the size of a multivitamin, and can be easily swallowed.

Please notify your doctor if one has

- 1) difficulty swallowing
- 2) a cardiac pacemaker or other implanted electromedical devices
- 3) known or suspected gastrointestinal obstruction, strictures, or fistulas

PLEASE FOLLOW THESE INSTRUCTIONS:

Your stomach must be completely empty to allow for an adequate examination. Please do not eat or drink anything for 2 hours prior to the appointment. There is no need to take any preparation or have a long period of fasting.

On the day of the endoscopy you should take your regular medications with clear water, unless otherwise instructed by your doctor. On the day of the exam, one should avoid taking any antacids, iron, sulcrafate until after the procedure. There is no need to stop other medications prior to the procedure such as coumadin, aspirin, plavix, blood pressure medications, ...

If you are diabetic, please alter your dose of insulin to correspond to this short fast on the day of the procedure.

There is no sedation for this test; therefore one does not need another person to accompany them home.